

Diagnostic Imaging Preparation Form

Angiogram/Heart Cath

You will be at the hospital for 6-12 hours for the procedure. Please arrange for someone to drive you home after the procedure.

BE (Barium Enema)

Bowel Preparation Kit can be purchased at a Pharmacy, or you may pick up one at the hospital where testing will be performed. Preparation starts in the morning, the day before the exam. Follow directions on the box.

CT Abdomen &/or Pelvis

Nothing by mouth 4 hours prior to the exam. Need to arrive one hour before the exam to drink the prep, or pick up the prep ahead of time and take it home before the procedure.

IVP (Intravenous Pyelogram)

Bowel Preparation Kit can be purchased at a Pharmacy, or you may pick up one at the hospital where testing will be performed. Preparation starts in the morning, the day before the exam. Follow directions on the box.

Mammography

Do not use powder or deodorant before the exam. If your previous mammograms were done elsewhere, have them sent to the department prior to the time of your appointment, or bring them with you.

MRI

Wear loose cotton clothing; no jewelry or body piercing studs, nor any kind of metal including on clothing, on the day of the exam.

Myelogram

AM procedure; nothing by mouth after midnight. PM procedure; Clear liquids only on the morning of the exam. You will be at the hospital for 6-8 hours for the procedure. Please arrange for someone to drive you home after the procedure.

Nuclear Medicine

Nothing by mouth 2-8 hours before the procedure (depending on type of exam being performed).

UGI (Upper G.I. Series)

1. Nothing to eat or drink 8 hours prior to exam.
2. No smoking or gum chewing 2 hours prior to exam.
3. After study is completed, drink 20 oz. of fluid. Adults, 3 tablespoons of Milk of Magnesia to help rid of barium.

Upper G.I. Series with Small Bowel (exam 3-4 hours long)

Follow same procedure as Upper G.I. Series above.

Ultrasound (Pelvic/OB)

Drink 32 oz. of water, 1 hour prior to the exam, and come for the procedure with a full bladder.

Ultrasound (Abdomen)

Nothing to eat or drink 8 hours prior to exam.

Other: _____

If your exam is not listed, there is no special preparation for the procedure. If you have any questions regarding the above instructions, please call the facility where your procedure will be performed.

Legacy Good Samaritan Hospital and Medical Center: 503-413-7432